



Straight From Our Kitchen!

Breakfast

Breakfast is served with Coffee, Assortment of Tea, and Orange or Apple Juice.

1. Bowen Lodge Continental - Assortment of Baked Goods, Cereal, Yogurt and Fruit Salad
2. Croissant and Scrambled Eggs topped with Cheese & Bacon
3. French Toast and Syrup, served with Sausages, a side of Butter and Fresh Fruit
4. Belgium Waffles topped with Cream and Berries
5. Eggs Benedict - Poached Eggs on an English Muffin with Ham and topped with Hollandaise Sauce
6. Pancakes and Syrup served with a side of Butter, Sausages and Fresh Fruit

All our Lunch and Dinner items are served with the Soup or Salad of the day, one Dessert item, Coffee and assortment of Tea.

Lunch

1. Spanakopita - Spinach & Feta Cheese in a light crispy Pastry
2. Corned Beef Sandwich - thin sliced on Rye Bread served with Potato Salad
3. Grilled Chicken Breast on Caesar Salad
4. Pasta Primavera on Fettuccine
5. Beef Dip - thinly sliced served Au Jus with French Bread and Baked Fries
6. Chicken Salad or Vegetable Sandwich on Multi-Grain or Whole Wheat
7. Vegetable Quiche served with Garden Salad

Dinner

1. Teriyaki Sesame Chicken served with Seasonal Vegetables on a bed of Rice
2. Baked Salmon Fillet with Creamy Dill Sauce and Fresh Vegetables
3. Lasagna - Meat or Vegetarian served with Garlic Buns
4. Chicken Souvlaki served with Fresh Vegetables on Rice or with Roasted Potatoes
5. Roast Beef with Roast Potatoes, Vegetables and Gravy
6. Turkey Breast served with Mashed Potatoes, Vegetables and Cranberry Sauce
7. Chicken or Vegetarian Stir Fry on Rice
8. Pasta a la Bowen Lodge - served with a Creamy Smoked Salmon Sauce and Garlic French Rolls

Dessert

1. Pie with Ice Cream or Whipped Cream
2. Cheesecake topped with Berries
3. Ice Cream or Sherbert
4. Butter Tarts
5. Carrot Cake
6. Strawberry or Chocolate Mousse
7. Fruit Cocktail
8. Jell-O or Pudding

*****Menu items are subject to change without notice.*****